



HOMEMADE FOODS

VEGETARIAN FRIED RICE	\$5.50
CHICKEN CURRY/STEAMED RICE	\$5.50
SPAGHETTI BOLOGNESE	\$5.50

SANDWICHES/WRAPS

(wholemeal bread only)

CHEESE	\$3.00
VEGEMITE	\$3.00
CHICKEN OR HAM	\$4.00
Extras - tomato, carrot, cucumber, lettuce, mayo, beetroot (20c each)	\$0.20
Rolls	\$1.00
Wraps	\$1.00
Cheese	\$0.50
Have it toasted	\$1.00

(Gluten Free bread also available. Please indicate if gluten free option required.)

SALAD PLATES

Lettuce, tomato, cucumber, carrot, cheese, beetroot, Italian vinaigrette dressing	\$5.00
- Add ham or chicken	extra \$1.50



DRINKS

Water 600ml	\$3.00
Juices 250ml (100%)	\$3.00
<i>(Tropical, apple, apple/mango, apple/ blackcurrant)</i>	
Flavoured Milks 250ml	\$3.00
<i>(Choc, Strawberry, Banana and Honeycomb)</i>	

FRUIT

Piece of Fruit	\$1.50
<i>(Banana, apple, orange)</i>	



**THE CANTEEN IS ONLY OPEN
THURSDAYS AND FRIDAYS.**

Visit www.quickcliqcom.au to
register and order online. Orders can
be made 2 weeks in advance.

RECESS MENU

(these items are available at **RECESS ONLY**)

CHEESIES	\$1.50
RICE CRACKERS	\$1.00
ICY POLE—Berri Quelch(99% juice)	\$1.50
FROZEN YOGHURT (strawberry & mango)	\$2.50
DRINKS	\$3.00

PLEASE NOTE:

From Term 2, 2020 - all recess orders **MUST** be
placed online. No over-the-counter sales at recess.



**PLEASE NOTE: CANTEEN IS NOT
OPEN FOR OVER-THE-COUNTER
SALES AT LUNCHTIME.**

Items are coded green or amber according to the Na-
tional School Canteen Healthy Eating Guidelines.

Green items are the healthiest choices.

Amber items are still considered to be valuable in
nutrition but may contain higher saturated fats, sugar
or salt.

